



2017 Annual Report

Anthropaideia, Inc.
DBA: Anthropedia Foundation
1033 Corporate Square Drive
St. Louis, MO 63132
Phone: (314) 721-3878
Fax: (314) 721-3878
Email: info@anthropedia.org
Website: anthropedia.org

The global mission of the Anthropedia Foundation is to promote health and well-being and to decrease rates of lifestyle- and stress-related illnesses under the purview that our physical, mental, and spiritual health are connected, and are also linked with the health of society and the ecology of the planet. In our rapidly changing world, we are being stressed in ways our species has never had to face before, and we must learn how to do more than merely adapt. We help people face these new challenges through education and research.

Our approach is integrative (mind-body), scientific, inter-disciplinary, and seeks to understand the root causes and first principles of well-being. We help people discover the tools and knowledge necessary to gain insights and to take action.

Dear Anthropedia Supporter,

Thank you for your help in 2017. Because of this support, we were able to continue advancing our mission through training individuals in our well-being coaching methodology and by forging strategic partnerships in the communities that we serve. The following are some highlights of 2017:

- Our 270-hour Well-Being Coach Certification Program has been accredited by St. Louis University as a certificate program.
- We have collected and analyzed data about our coaching program that demonstrates that participants show significant gains in all aspects of character as measured by the Temperament and Character Inventory.
- We continue to offer annual sessions of our coach training in St. Louis, MO.
- We finished one round of our well-being coach training in Karlskrona, Sweden and began another that will finish in 2018; among the trainees are refugees who will then use the method to serve other refugees.
- Our work at the St. Patrick Center in St. Louis continues, and we have expanded to offer services to Queen of Peace Center as well.
- We continue to make strides in our partnership with the Northwest R1 School District in Jefferson County, Missouri where we are implementing a community-wide well-being initiative.

Thank you for your interest in the Anthropedia Foundation and in helping to promote its mission.

Kevin Cloninger, Ph.D.
Executive Director

The following is an overview of the Anthropedia Foundation's income and expenses for the fiscal year ending December 31, 2017.

Total Support and Revenue	\$362,953
Program Services	\$341,200
Management and General	\$34,055
Fundraising	\$17,089
Total Expenses	\$392,344
Total Net Assets	\$85,910
Total Liabilities and Net Assets	\$100,408

Board of Directors

Lauren Munsch, MD, Founder and Chairman
Sita Kedia, MD, Vice-President
Robert Munsch, MD, Treasurer
HSH Prince Albert II of Monaco
Catherine Erb
Sir Michael J. Smurfit, PhD
Claude Dal Farra, PhD

Executive Director: Kevin Cloninger, PhD

Anthropedia Foundation is tax-exempt under section 501(c)(3) of the Internal Revenue Code. Donations are tax-deductible to the extent allowed by law.