



## 2015 Annual Report

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*The global mission of the Anthropedia Foundation is to promote health and well-being and to decrease rates of lifestyle- and stress-related illnesses under the purview that our physical, mental, and spiritual health are connected, and are also linked with the health of society and the ecology of the planet. In our rapidly changing world, we are being stressed in ways our species has never had to face before, and we must learn how to do more than merely adapt. We help people face these new challenges through education and research.*

*Our approach is integrative (mind-body), scientific, inter-disciplinary, and seeks to understand the root causes and first principles of well-being. We help people discover the tools and knowledge necessary to gain insights and to take action.*

Dear Anthropedia Supporter,

Thank you for your help in 2015. Because of this support, we were able to continue advancing our mission through training individuals in our well-being coaching methodology and by forging strategic partnerships in the communities that we serve. The following are some highlights of 2015:

- We are continuing to make progress in our well-being coaching pilot study at St. Patrick Center in St. Louis, Missouri, where we have been providing one-on-one coaching services to 12 clients of their mental health and substance abuse program, The Shamrock Club.
- We continue to train the Shamrock Club staff in our well-being coaching methodology.
- We began a partnership with the Northwest R1 School District in Jefferson County, Missouri to begin a community-wide well-being initiative.
- Our well-being coach training program is in its second year in Colorado.
- We completed an online training for the TCI (a personality assessment developed by Dr. Cloninger) to help advance research in the science of well-being.

Thank you for your interest in the Anthropedia Foundation and in helping to promote its mission.

Kevin Cloninger, Ph.D.  
CEO

The following is an overview of the Anthropedia Foundation's income and expenses for the fiscal year ending December 31, 2015.

<b>Total Support and Revenue</b>	<b>\$321,666</b>
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Program Services	\$225,739
Management and General	\$52,963
Fundraising	\$162
<b>Total Expenses</b>	<b>\$278,864</b>

Total Net Assets	\$28,237
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Total Liabilities and Net Assets	\$45,183
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**Board of Directors**

Lauren Munsch, MD, Founder and Chairman  
Sita Kedia, MD, Vice-President  
Robert Munsch, MD, Treasurer  
HSH Prince Albert II of Monaco  
Catherine Erb  
Anthony F. Sansone III  
Sir Michael J. Smurfit, PhD  
Claude Dal Farra, PhD

Executive Director: Kevin Cloninger, PhD

*Anthropedia Foundation is tax-exempt under section 501(c)(3) of the Internal Revenue Code. Donations are tax-deductible to the extent allowed by law.*