



2016 Annual Report

Anthropaideia, Inc.
DBA: Anthropedia Foundation
1033 Corporate Square Drive
St. Louis, MO 63132
Phone: (314) 721-3878
Fax: (314) 721-3878
Email: info@anthropedia.org
Website: anthropedia.org

The global mission of the Anthropedia Foundation is to promote health and well-being and to decrease rates of lifestyle- and stress-related illnesses under the purview that our physical, mental, and spiritual health are connected, and are also linked with the health of society and the ecology of the planet. In our rapidly changing world, we are being stressed in ways our species has never had to face before, and we must learn how to do more than merely adapt. We help people face these new challenges through education and research.

Our approach is integrative (mind-body), scientific, inter-disciplinary, and seeks to understand the root causes and first principles of well-being. We help people discover the tools and knowledge necessary to gain insights and to take action.

Dear Anthropedia Supporter,

Thank you for your help in 2016. Because of this support, we were able to continue advancing our mission through training individuals in our well-being coaching methodology and by forging strategic partnerships in the communities that we serve. The following are some highlights of 2016:

- We continue to provide weekly classes and one-on-one coaching to clients at the St. Patrick Center in St. Louis, Missouri.
- We have forged new partnerships with Queen of Peace Center and MADCO and are training several of their staff in our well-being coaching methodology.
- Our partnership with the Northwest R1 School District in Jefferson County, Missouri continues to flourish, both through continued training, one-on-one coaching, and seminars and workshop series we provide to teachers and community members.
- We completed our well-being coach training program in Colorado.
- We have launched our well-being coach training in Karlskrona, Sweden and will be able to conduct several research studies incorporating our coaching methodology.

Thank you for your interest in the Anthropedia Foundation and in helping to promote its mission.

Kevin Cloninger, Ph.D.
CEO

The following is an overview of the Anthropedia Foundation's income and expenses for the fiscal year ending December 31, 2016.

Total Support and Revenue	\$491,606
Program Services	\$302,342
Management and General	\$32,104
Fundraising	\$13,622
Total Expenses	\$348,068
Total Net Assets	\$115,301
Total Liabilities and Net Assets	\$135,172

Board of Directors

Lauren Munsch, MD, Founder and Chairman
Sita Kedia, MD, Vice-President
Robert Munsch, MD, Treasurer
HSH Prince Albert II of Monaco
Catherine Erb
Anthony F. Sansone III
Sir Michael J. Smurfit, PhD
Claude Dal Farra, PhD

Executive Director: Kevin Cloninger, PhD

Anthropedia Foundation is tax-exempt under section 501(c)(3) of the Internal Revenue Code. Donations are tax-deductible to the extent allowed by law.